

GLUTEN-FREE SELECTIONS

(Modifications for Gluten-Free in Italics)

The following information is provided for our guests who have an intolerance to gluten. Below is a list of our menu items that may fit your gluten-free diet.

This information was obtained from published sources and suppliers of each of the items. Please inform your server if you, or guests in your dining party, have a gluten allergy.

GARDEN FRESH SPECIALTY SALADS

SANTA FE SALAD

A colorful blend of crisp romaine lettuce, red onions and fire-roasted red peppers tossed with our Santa Fe dressing. Topped with jack and cheddar cheeses, sliced avocado, corn, diced tomatoes, and blackened chicken breast. Also available with blackened salmon. *(no tortilla strips)*

GARDEN MEDLEY SALAD

Crisp romaine lettuce, artichoke hearts, fire-roasted red peppers, tomatoes, red onions, feta cheese and our balsamic vinaigrette dressing. Also available with grilled chicken or blackened salmon.

BBQ CHICKEN CHOPPED SALAD

Grilled breast of chicken with a colorful confetti of tomatoes, corn, green onions, black beans, jicama, cilantro, mozzarella cheese, BBQ sauce and iceberg lettuce, tossed with our special BBQ ranch dressing and topped with crunchy, sweet onion strings. *(no onion strings)*

ITALIAN MARKET SALAD

A new twist to the original Italian chopped salad. Fresh mozzarella, chunks of Fontina cheese and salami, artichokes, Kalamata olives, roasted red peppers, peperoncini, garbanzo beans, red onions, cucumbers, tomatoes, romaine and iceberg lettuce all topped with fresh Parmesan and basil then tossed with Italian herb vinaigrette.

HOUSE WEDGE SALAD

HOUSE SALAD *(no croutons)*

HOUSE CAESAR SALAD *(no croutons)*

GLUTEN-FREE THIN CRUST PIZZA

A flavorful, herb-infused, 10-inch crust baked to a golden brown and topped with your favorite gluten-free toppings. With the exception of our meatballs, all of BJ's Classic Ingredients are gluten-free.



SOUP

TUSCAN TOMATO BISQUE

Made with vine ripened tomatoes. *(no croutons)*

BROCCOLI CHEDDAR

A rich and creamy classic!

GIANT STUFFED POTATOES

GARDEN VEGETABLE POTATO

A giant potato filled with assorted garden fresh vegetables, topped with jack and cheddar cheeses and creamy Alfredo sauce. *(no Alfredo sauce)*

GRILLED CHICKEN POTATO

Grilled chicken breast and steamed broccoli in a giant baked potato topped with Alfredo sauce and jack and cheddar cheeses. *(no Alfredo sauce)*

THE "CLASSIC" BAKED POTATO

Our giant hot and fluffy potato served with butter, sour cream and green onions.

SPECIALTY ENTREES

FLAME-BROILED NEW YORK STRIP*

A juicy, 12-ounce New York steak aged just right for tenderness and flavor. Served with a giant baked potato. Also available blackened.

FRESH ATLANTIC SALMON

Flavorful fresh salmon fillet either flame-broiled or blackened. Served with lemon Chardonnay butter sauce, rice pilaf and seasoned, steamed vegetables. *(no rice pilaf, no lemon Chardonnay butter sauce)*

DESSERT

GLUTEN-FREE CHOCOLATE CHIP PIZOOKIE®

Hot out of the oven, rich and delicious, gluten-free chocolate chip cookie topped with two scoops of vanilla bean ice cream and served in its own deep dish.

GLUTEN-FREE SELECTIONS

(Modifications for Gluten-Free in Italics)

CULINARY CREATIONS

BALSAMIC GLAZED CHICKEN

Our marinated chicken breasts grilled and served over baby field greens, caramelized onions and white cheddar mashed potatoes. Topped with crispy fried onion strings and drizzled with sweet balsamic glaze. *(no onion strings)*

BEVERAGES

AQUAFINA

ARNOLD PALMER

CALISTOGA

CHERRY PEPSI

CHOCOLATE MILK

CLUB SODA

COFFEE: REGULAR OR DECAF

CRANBERRY JUICE

DIET PEPSI

GINGER ALE

GRAPEFRUIT JUICE

HOT CHOCOLATE

HOT TEA

ICED TEA

LEMONADE

MILK

MOUNTAIN DEW

ORANGE JUICE

PEPSI

PINEAPPLE JUICE

RASPBERRY ICED TEA

ROOT BEER

SHIRLEY TEMPLE

SIERRA MIST

STRAWBERRY LEMONADE

ALCOHOLIC BEVERAGES

BERRY BURST CIDER WYDER'S PEAR CIDER REDBRIDGE BEER

WEEKEND BRUNCH

BJ'S CALIFORNIA SCRAMBLE

Three eggs scrambled with sautéed green chilies, red onion, tomatoes and pepper jack cheese, topped with crumbled Applewood smoked bacon and fresh avocado. Served over seasoned country potatoes and your choice of whole wheat or sourdough toast. *(no toast and country potatoes)*

BREAKFAST SIDES

COUNTRY SAUSAGE LINKS

GRILLED HAM

APPLEWOOD SMOKED BACON

*Availability of items subject to change. *Contains or may contain raw or undercooked ingredients.*

BJ's is an active participant in the GFRAP (Gluten-Free Restaurant Awareness Program) sponsored by GIG.

Availability of items subject to change. © 2011 BJ's Restaurants, Inc. Brunch 08.11